

# WHICH VEGETABLES CAN SURVIVE A FROST?



## CAN WITHSTAND A HARD FROST (BELOW 28 DEGREES)

Arugula	Mache
Broccoli	Mustard
Brussel Sprouts	Onions
Beets	Parsley
Cabbage	Parsnips
Carrots	Radishes
Cilantro	Scallions
Collards	Spinach
Kale	Swiss chard
Kohlrabi	Tatoy
Leeks	Turnips
Lettuce (depends on variety)	

## CAN WITHSTAND A LIGHT FROST (28 TO 32 DEGREES)

Bok Choy  
Cauliflower  
Celery  
Chinese Cabbage  
Lettuce (depends on variety)  
Peas

## CAN'T SURVIVE TEMPERATURES BELOW 32 DEGREES

Basil	Potatoes
Beans	Pumpkins
Corn	Rosemary
Cucumbers	Summer Squash
Eggplant	Swet Potatoes
Melons	Tomato
Okra	Tomatillo
Peppers	Winter Squash